

# WHAT ARE FRIENDS FOR?

What's so good about having friends? Read and find out!

## A FRIEND GIVES YOU SOMEONE TO HAVE FUN WITH!

If you're ever bored or looking for something to do, a friend is just the right person to call! They are someone that you know you will have fun with. They usually like the same things as you, laugh at the same jokes, and know how to help you have a good time.

## FRIENDS ARE SUPPORTIVE AND WILL HAVE YOUR BACK!

A friend is someone who will support the positive choices that you make. They will say to things to encourage you. Friends will also defend you when others say or do mean things to you.

## FRIENDS HELP YOU FEEL BETTER!

Good friends usually know what to do or say to help you feel better when you are feeling sad, angry, nervous, or afraid. It can be helpful to talk to a friend to get advice, or it can be nice just to have someone there to listen to how you're feeling.

## FRIENDS WILL BE HONEST WITH YOU!

A friend is someone who you can trust and who you know will always be honest with you. A good friend will tell you the truth, even if you may not want to hear it. They just want what's best for you!

