



# We Can Help.

CRISIS LINE: 780.743.HELP (4357) or 1.800.565.3801

Office Number: 780-743-8605 - 202A-8706 Franklin Ave. Fort McMurray, Alberta, Canada, T9H 2J6 - someothersolutions.ca

## ADDICTIONS & MENTAL HEALTH AND COUNSELLING SERVICES

AHS/Addictions & Mental Health .....	780 793 8360
Canadian Mental Health Association .....	780 743 1053
Christian Ministerial Association of Fort McMurray.....	780 743 2446
(Pastor Beverly Fawcett)	
Mark Amy Treatment Centre .....	780 334 2398
Mental Health Services (Hospital) .....	780 791 6194
Pastew Place Detox Centre .....	780 791 2525
Access Counselling .....	780 790 0200
Advanced Counselling & Consulting Practice .....	780 790 0334
APSI/The Ferrance Group .....	780 791 7595
FCSS Counselling Services .....	780 743 7910
EFAP (Employee & Family Assistance Program)	
<i>Check with your Human Resources</i>	
Waypoints Administration .....	Ext 229 ..... 587 537 8903
Wellness Services Keyano College .....	780 791 8934
Borealis Counselling Services .....	780 791 1757
Psychiatrist (Dr. Corbett) .....	780 791 1333
Registered Psychologist (Denise Mannell) .....	780 715 7211
Registered Psychologist (Shanneen Goszulak) .....	780 880 7665
Registered Psychologist (Tamara Austin) .....	780 972 6672
Pathways Consulting Counselling Services .....	780 788 5067
Journeys of Life Counselling .....	780 607 1795
Legacy Counselling Centre .....	Ext 0 ..... 587 536 6619

## EDUCATION

Fort McMurray Catholic Board of Education .....	780 799 5700
Fort McMurray Christian School .....	780 743 1079
Wood Buffalo Regional Library .....	780 743 7800
Fort McMurray Public School District .....	780 799 7900
Frank Spragins High School .....	780 714 3434
Keyano College .....	780 791 4800
Northland School Division No. 61 .....	1 800 362 1360

## COMMUNITY SUPPORT SERVICES

Alberta Connects Contacts Centre.....	310 0000
Alberta Human Services .....	780 743 7192
Alberta Supports Contact Centre .....	1 877 644 9992
Centre of Hope .....	780 743 3912
Choices Association of Fort McMurray .....	780 791 3009
Community Corrections (Probation) .....	780 743 7190
Court of Queen's Bench .....	780 743 7136
CISM (Critical Incident Stress Management) for communities .....	780 607 1511
Service Alberta (Landlord/Tenant) .....	1 877 427 4088
Lawyer Referral Services .....	1 800 661 1095
Legal Aid Alberta .....	1 866 845 3425
Marshall House .....	780 715 1870
Meals on Wheels .....	780 790 0900
Money Mentors .....	1 888 294 0076
Opportunities for Change .....	780 791 5143
Provincial Court .....	780 743 7195
Salvation Army (Community Services Centre) .....	780 743 4135
Soup Kitchen (NorthLife Fellowship Baptist Church) .....	780 743 3747
SPCA .....	780 743 8997
SMART Bus .....	780 743 7909
START Program (Support Today Achieves Results Tomorrow) .....	780 743 4135
St. Aidan's Society .....	780 743 4370
STHT (Support Through Housing Team) ... Ext 3041 .....	780 791 0077
Thrift Store (Salvation Army) .....	780 791 9903
WJS Canada Community Support Services .....	780 791 9993
The Wood Buffalo Food Bank Association .....	780 743 1125
Wood Buffalo Housing & Development Corp. ....	780 799 4050
YMCA of Northern Alberta Immigrant Settlement Services .....	780 743 2970
Wood Buffalo Transit .....	780 743 4157

## SOME OTHER SOLUTIONS SOCIETY FOR CRISIS PREVENTION

**Our Vision**  
Everyone has the emotional resiliency to meet life's challenges.

**Our Mission**  
Empowering individuals to meet life's challenges and building their capacity to support others.

Some Other Solutions provides three core programs to the Wood Buffalo region.

**INFORMATION & REFERRAL PROGRAM**

This program offers a 24 hour, non-discriminatory, totally confidential Crisis Line for those in need of support.  
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This program also manages the 211 Wood Buffalo service - by dialing 211, citizens have access to a database that provides information on community and government services and programs.

### HEALTH & WELLNESS PROGRAM

This program's focus is grief and loss, mental health, suicide awareness and intervention, and advocating total wellness of one's self. The hope of this program is that the information and support offered will positively impact those in need, and empower them to move forward in a positive and healthy way.

### CHILD & YOUTH PROGRAM

This program believes that a positive adult-role model is vital to the healthy progression of every child. The Child and Youth Mentors build positive relationships and trust by working with mentees directly. To engage with the youth, the mentors visit different schools across Wood Buffalo, offering support through one-on-one mentorship, group support, after-school programs, and a summer camp program.

## HEALTH SERVICES/EDUCATION

Autism Society of RMWB .....	587 452 9334
Alberta Brain Injury Network /Blue Heron .....	780 791 3342
Alberta Health Services Public Health .....	780 791 6247
Alzheimer Society .....	Ext 3042 ..... 780 791 0077
Spinal Cord Injury Alberta .....	587 645 0771
Dietitian .....	780 791 6033
Early Childhood Intervention Program	
& Healthy Families Home Visitation .....	780 714 5616
Wood Buffalo Primary Care Network .....	780 714 2193
Environmental Public Health .....	780 791 6078
HIV North Society .....	780 791 3391
Continuing Care Access .....	1 855 371 4122
Northern Lights Regional Health Centre .....	780 791 6161
Wood Buffalo PCN After Hours Clinic .....	780 743 3900
St John Ambulance .....	780 743 0991
STD/HIV/AIDS Information Line .....	..... 811
STI Clinic .....	780 791 6182
Tuberculosis Program .....	780 791 6079

## FAMILY/YOUTH SERVICES

Adoption Options .....	1 800 770 3023
Big Brothers Big Sisters Association of WB .....	780 791 2447
Birthingright .....	1 800 550 4900
The Children's Centre .....	780 743 3309
Children First Eagle Ridge Nest .....	780 743 1106
Fort McMurray Boys & Girls Club .....	780 791 7775
Girls Inc. of Northern Alberta .....	780 790 9236
The HUB Family Resource Centre	
(Downtown) .....	780 791 7110
(Timberlea) .....	780 743 9225
Justin Slade Youth Foundation .....	780 715 0010
Mayor's Advisory Council on Youth .....	780 743 7917
McMan Youth, Family & Community Services	
Association .....	780 743 9721
The Marriage Consult .....	780 715 6905
Northeast Alberta Human Services .....	780 743 7416
Office of the Child & Youth Advocate .....	1 800 661 3446
Roots of Empathy Program .....	780 743 7917
Salvation Army (Family Services) .....	780 743 4135
Stepping Stones Youth Services .....	780 750 2252
YMCA of Northern Alberta .....	780 476 9622
YMCA Youth Opportunities Program .....	780 370 2530

## CULTURE/COMMUNITY

Centre d'accueil et d'établissement du Nord de l'Alberta	
- Antenne de Fort McMurray .....	780 750 7779
Athabasca Tribal Council .....	780 791 6538
Association Canadienne Francaise De WB .....	780 791 7700
Fort McMurray Social Dance Club .....	780 215 8677
Fort McMurray Tourism .....	780 791 4336
Golden Years Society .....	780 743 4088
FuseSocial .....	780 791 9333
MacDonald Island Park .....	780 791 0070
Mayor's Office .....	780 743 7009
Multicultural Association of Wood Buffalo .....	780 791 5186
Nistawoyou Association Friendship Centre .....	780 743 8555
Rotary House .....	780 791 1160
Santa's Anonymous .....	780 791 5115
Keyano Theatre & Arts Centre .....	780 791 4930
United Way of Fort McMurray .....	780 791 0077
Volunteer Resources .....	780 791 6158

## EMERGENCY/CRISIS

### 911 – FIRE/POLICE/AMBULANCE

24 Hour Income Support & AISH .....	1 866 644 5135
Air & Marine Search and Rescue .....	1 800 267 7270
Alcoholics Anonymous .....	780 743 0099
Bullying Help .....	1 888 456 2323
Child Abuse Hotline .....	1 800 387 5437
Cocaine Anonymous (Edmonton/will return call) .....	780 425 2715
Community Resource Team	
(Wood's Homes Crisis Line) .....	1 800 563 6106
Northern Alberta Child Intervention Services .....	1 800 638 0715
Emergency Environmental Hotline .....	1 800 222 6514
Elder Abuse Hotline .....	780 743 1190
Health Link Alberta .....	811 or 1 866 408 5465
Hospital Emergency .....	780 791 6161
Kids Help Phone .....	1 800 668 6868
Mental Health Help Line .....	1 877 303 2642
The Outreach Line (Stepping Stones) .....	780 714 7007
Poison & Drug Information Service .....	1 800 332 1414
Waypoints 24/7 Sexual Trauma Support Line .....	780 791 6708
The Salvation Army Men's Emergency Shelter .....	780 743 4135
Waypoints Crisis Line (Women's Shelter) .....	780 743 1190
Regional Municipality of Wood Buffalo Victim	
Services .....	780 788 4250

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